



FACULTY INFO



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ASHLEY FARIAS

**ADJUNCT INSTRUCTOR
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HOW TO APPLY

**VISIT THE SBCC "APPLY AND
ENROLL" WEBPAGE FOR EASY,
STEP-BY-STEP INSTRUCTIONS.**



[HTTPS://SBCC.EDU/APPLY/INDEX.PHP](https://sbcc.edu/apply/index.php)

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[SBCC.EDU/PHYSICALEDUCATION](https://sbcc.edu/physicaleducation)



SANTA BARBARA CITY COLLEGE

**YOUTH COACHING CERTIFICATE
OF ACHIEVEMENT**



**GAIN SKILLS HERE
TO SUCCEED OUT THERE.**



WHY CHOOSE US

OUR PROGRAM WILL GIVE OUR STUDENTS AN EDGE OVER OTHERS WHO COMPLETE A CERTIFICATION ON THEIR OWN. WITH EXPERIENCED FACULTY LEADING STUDENTS THROUGH A THOUGHTFULLY STRUCTURED CURRICULUM, YOU'LL BE WELL PREPARED TO JUMP INTO YOUR CAREER IN YOUTH COACHING.



DESCRIPTION

THE YOUTH COACHING CERTIFICATE PREPARES STUDENTS TO OBTAIN THE KNOWLEDGE, SKILLS, AND EXPERIENCE EMPLOYERS ARE LOOKING FOR IN ATHLETIC COACHING POSITIONS. COACHING TECHNIQUES, SPORTS PSYCHOLOGY, LEADERSHIP, AND SPORTS MANAGEMENT WILL BE THE MAJOR TOPICS IN THE COURSE. THE PROGRAM ALSO PROVIDES HANDS-ON OPPORTUNITIES FOR STUDENTS TO GAIN EXPERIENCE COACHING VARIOUS SPORTS. STUDENTS WILL BE PREPARED FOR COACHING AND EMPLOYMENT IN THE SPORTS INDUSTRY.



FIND OUT MORE



COURSE PLAN

COMPLETE IN 1 YEAR!
16 UNITS

- HE 103 RESPONDING TO MEDICAL EMERGENCIES (SPRING)
- PE 200 INTRO TO KINESIOLOGY (FALL)
- PE 216 COMPETITION, MOTIVATION, AND THE ATHLETE (SPRING)
- PE 218 INTRO TO TEACHING/COACHING (FALL)
- PE 270 COACHING THE YOUTH ATHLETE (SPRING)
- PE 271 LEADERSHIP FOR STUDENT ATHLETES (FALL)
- PE 290 WORK EXPERIENCE IN PE/HEALTH (FALL/SPRING)